Assertive Community Treatment (ACT)



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ACT provides comprehensive, mobile care for individuals with severe mental illness who require a higher level of support than traditional outpatient services. Services are available across all 17 counties in our service area.

Mobile services for ACT clients

- Comprehensive mental health assessment
- Substance use assessment
- Individual therapy
- Medication management
- Targeted case management
- Community support services
- Peer support services
- Housing support services

How ACT Works

ACT is a multidisciplinary, mobile treatment team delivering integrated mental health, substance use, and rehabilitation services. Using evidence-based practices, the team supports individuals in managing symptoms and living successfully in the community.

Co-Occurring Treatment

Services include integrated care for individuals with both mental health and substance use disorders using the evidence-based Integrated Dual Disorder Treatment (IDDT) model.

24-Hour Helpline 1.800.928.8000 | newvista.org

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We see the good ahead.

Questions and Referrals
859.721.8501