newvista
schwartz center
Residential Substance Use Treatment

The Schwartz Center is a residential substance use treatment facility located in Lexington, KY. We accept Medicaid and offer a sliding-fee scale for those who are uninsured. Get started at newvista.org/recovery.

When can I begin treatment?

Intakes are completed during weekday business hours, 9 AM -5 PM.

What is my admission day like?

Upon admission you will meet with both clinical and nursing staff for an assessment to ensure our program is a good fit for you and we can safely meet your medical needs. Your belongings will be searched for items not allowed at the center and you will then have the opportunity to join the therapeutic community.

What can I bring with me?

You will be allowed to have eight outfits, undergarments, and pajamas to take to the unit. While you are here you will share a room. You are encouraged to leave all valuables at home. This includes gaming devices, iPads, etc.

How long will I be there?

There are individual recovery and/or insurance components that may impact the length of stay.

24-Hour Helpline 1.800.928.8000

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Can my loved ones call and visit?

Yes. Visitation is offered weekly with visitation for men on Saturdays and women on Sundays. Before visiting with their loved one, visitors will participate in a one-hour educational session focused on addiction and its impact on individuals and families. Following the session, visitors will have one hour of supervised visitation with their loved one. Clients may also make two 15-minute phone calls each week. Before a visit can take place, clients must provide the names of their visitors and discuss the visit with their clinician. All visitors are expected to follow program rules and safety procedures while at the facility, including being searched before entering the visitation area.

What kind of programming is offered?

Individuals in residential treatment can expect structured full days made up of individual therapy, group therapy, educational activities, vocational activities, recreational activities, and community support meetings. We will also ensure each individual meets with a medical provider at least once during their stay.

What happens after?

We begin talking about discharge plans at the very first interaction. We highly encourage "stepping down" into a PHP (Partial Hospitalization Program) or IOP (Intensive Outpatient Program) level of care and will assist in trying to find a sober living option if interested. We work to ensure your next steps are scheduled prior to completion of program.

Are clients on Medications for Opioid Use Disorder (MOUD) permitted?

Yes, we allow clients to continue whatever MOUD they are prescribed (methadone, suboxone/buprenorphine, vivitrol). If a client is interested in starting MOUD, we can start them on buprenorphine or vivitrol while in treatment. We coordinate with our Medication Assisted Recovery program for utilization of methadone. We are one of the only residential facilities in which someone can admit and be started on methadone through coordination with our Opioid Treatment Program.