WHAT'S IN YOUR WEED?

HOW THC AFFECTS THE BRAIN AND BODY

The average amount of THC, the ingredient in weed that changes how the brain works, is a lot higher than it used to be. This increases the risk of harm.



USE MAY CAUSE:

Common activities (like driving or exercising) to become difficult or dangerous

Difficulty concentrating on schoolwork and other tasks

Feelings of anxiety, fear and mistrust



OVER TIME, USE MAY CAUSE:

Loss of interest in favorite activities

Academic issues

Memory problems

Cough / lung sickness

Severe nausea and vomiting

Addiction



HOW DO YOU BECOME ADDICTED?

Over time, marijuana can change the way your brain works. If you stop using it, your body can get confused and you feel sick, making it hard to stop using. Don't let it change or control your plans for the future.

newvista **24-Hour Helpline 1.800.928.8000**

SOURCE: NATIONAL INSTITUTE ON DRUG ABUSE; NATIONAL INSTITUTES OF HEALTH; U. S. DEPARTMENT OF HEALTH AND HUMAN SERVICES.

prevention@newvista.org

CONTAMINATION

Weed can be mixed with other drugs or chemicals which can cause serious health risks. Some known contaminates include:

- Heroin
- Fungus and bacteria
- Glass
- Lead/other heavy metals
- Fentanyl
- PCP
- Laundry detergent
- Cocaine
- Embalming fluid
- Ketamine
- Methamphetamine
- LSD

Some health risks of contaminated weed include:

- Delusions
- Confusion
- Dehydration
- Heart Failure
- Seizures
- Brain Damage
- Respiratory issues
- Hallucinations
- Death

ALERT!



The Drug Enforcement Agency (DEA) issued a warning about the possibility of marijuana products being laced with fentanyl. Fentanyl is 80-100 times stronger than morphine, which makes the risk of overdose (which can result in death) very high.

Because of high levels of THC, the risk of addiction, and contamination, NO amount of weed is safe for teens to use. If you suspect an overdose from contaminated weed, call 911 or find a trusted adult.

If you or someone you know needs help, treatment is available and people can get better. Visit **findhelpnowky.org**

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